

## THE RAPID, RADICAL REDEMPTION OF THE BODY

### Part 12 Romans Chapter Eight

#### Romans 8:22-23

*For we know that the whole creation groans and labours with birth pangs together until now. <sup>23</sup> Not only that, but we also who have the first-fruits of the Spirit, even we ourselves groan within ourselves, eagerly waiting for the adoption, **the redemption of our body.***

**NB:** The 'BODY' mentioned here is not the sinful flesh *as is spoken of* in Romans 8:5.

The word here for 'body' IS **sōma** which means 'the physical body'.

*Your body is not in itself sinful ... but it still lives in the sinful world.*

*Even though our spirit is redeemed ... our body is not.*

Our spirit has experienced regeneration.

Our soul is experiencing transformation.

Our body is yet to experience glorification.

**SLIDE INSIDE: I AM BORN AGAIN AN AGELESS SPIRIT WHO EXISTS IN THE NEWNESS OF LIFE ...** Now, internally I have peace with God ... I am a child of God ... I have the deposit of His glory ... and joy unspeakable floods my spirit. **AND YET ...**

**OUTSIDE, MY BODY IS STUCK HERE IN THIS WORLD SYSTEM ... SUBJECT TO SIN ... AND GROWING OLDER AND MORE FRAIL.**

#### Romans 8:10

*And if Christ is in you, **the body** is dead because of sin, but **the [human] spirit** is life because of righteousness.*

So our new creation spirit remains sinless ... ageless ... faultless ...

**Yet the body it lives in ...** continues to deteriorate ... disintegrate ... get older and keeps failing ... **THIS IS QUITE AN ANOMOLY ... HOWEVER ...**

**GOD CARES ABOUT YOUR BODY AND CONSIDERS IT TO BE A UNIQUE PART OF YOU.**

#### **GOD HAS MADE A GLORIOUS PROMISE CONCERNING YOUR BODY**

**SLIDE** God says, *'One day soon when Jesus returns, I will completely redeem your failing, physical body ... I will glorify it and it will instantly become a completely new spiritual body'. You'll still be you and you will still have the same DNA but everything will be entirely new. You will never feel pain again, your senses will be heightened like never before and you will not be restricted by the laws of physics that constrain us here and now. Like Jesus you will be able to appear and disappear as you will have a fully glorified body just like His.*

This is going to happen instantly on the day of redemption. (Romans 8:23)

### 1 Corinthians 15:51-52 SLIDE

*Behold, I tell to you a mystery: We will not all sleep, but **we will all be changed-- in an instant, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised imperishable, and we will be changed.***

### WE WILL HAVE A SPIRITUAL BODY

Your body including your brain will be exchanged from earthly physical matter to heavenly spiritual matter.

### Philippians 3:20-21 SLIDE

*For our citizenship is in heaven, from which we also eagerly wait for the Saviour, the Lord Jesus Christ, <sup>21</sup> **who will transform our lowly body that it may be conformed to His glorious body, according to the working by which He is able even to subdue all things to Himself.***

### 2 Corinthians 5:1-2 NIV

*For we know that if the earthly tent we live in is destroyed, we have a building from God, **an eternal house in heaven, not built by human hands.** <sup>2</sup>Meanwhile we groan, longing to be clothed instead with **our heavenly dwelling ...***

### 1 Corinthians 15:42-44

*So also is the resurrection of the dead [our resurrection]. The body is sown in corruption, it is raised in **incorruption.** <sup>43</sup> It is sown in dishonour, it is raised in **glory.** It is sown in weakness, it is raised in **power.** <sup>44</sup> It is sown a natural body, it is raised **a spiritual body. There is a natural body, and there is a spiritual body.***

### WE WILL BE PLACED IN THE FATHER'S HOUSE

#### Romans 8:23 SLIDE

*Not only that, but we also who have the first-fruits of the Spirit, even we ourselves groan within ourselves, **eagerly waiting for the adoption, the redemption of our body.***

### Waiting for adoption

You say, hang on you told us a few weeks ago we've already received, 'The Spirit of Adoption'.

Yes, indeed we did ... which is more than just the adoption papers ... We have already been included SPIRITUALLY in the Father's family ...

But here ... his 'WAITING FOR ADOPTION' MEANS **THE PLACEMENT OF ADOPTION.**

This is when you physically 100% walk into the Father's house and physically hug Him ... sit on His lap ... THIS IS THE GREAT PROMISE OF FULL REDEMPTION THE REDEMPTION OF OUR BODY.

## WE WILL BE A PART OF THE PRISTINE, SPOTLESS AND MOST GLORIOUS BRIDE

### Revelation 21:2-4

*Then I, John, saw the holy city, New Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. <sup>3</sup> And I heard a loud voice from heaven saying, "Behold, the tabernacle of God is with men, and He will dwell with them, and they shall be His people. God Himself will be with them and be their God. <sup>4</sup> And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away."*

### FACE TO FACE ENCOUNTER

When we see Him, we will be like Him (1 John 3:1-3)

**1 Corinthians 13:12** Berean Literal Bible

*For presently we see through a glass in obscurity; but then, **face to face**. Presently, I know in part; but then I will know fully, even as I have been fully known.*

**Psalm 17:15**

*As for me, **I will see Your face in righteousness; I shall be satisfied when I awake in Your likeness.***

**Job 19:26**

*Even after my skin has been destroyed, yet in my flesh **I will see God.***

**SLIDE** GOD HAS ALREADY MADE THE FULL PAYMENT FOR YOUR BODY

When Jesus died, he purchased a new life for us spiritually. He purchased a great salvation for us emotionally and mentally ... but **HE ALSO PURCHASED OUR BODY ... Your body has a sold label on it.**

GOD SAYS, 'I HAVE ALREADY PURCHASED IT ... I JUST HAVE NOT COME TO COLLECT IT YET!'

**Ephesians 1:13-14** **SLIDE**

*Sealed with the Holy Spirit of promise, who is the earnest (guarantee) of our inheritance **until the redemption of the purchased possession.***

*It's like Jesus bought the engine of this rusted out car ... but before He left He said, 'How much for the old rusted body the engine is in?'*

*The seller said, 'Well that's gonna cost you your physical body ... a body for a body ...'*

*Jesus said, 'Done! I'll take the body as well as the engine'. **SLIDE***

*So Jesus bought our old rusted body which now belongs to Him ... He's paid for it ... He just hasn't come back to collect it yet.*

**1 Corinthians 6:19**

*Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own?*

SO WE TEACH THIS AND SAY, IT'S ALL GONNA HAPPEN AT SOME FUTURE DATE ... IN THE MEANTIME ... ALL THE BEST WITH YOUR STRUGGLES HERE IN THE SIN-SOAKED WORLD ...

**NO! ... GOD HAS NOT LEFT US WITHOUT HIS PROVISION!**

**GOD HAS GIVEN US HIS SPIRITUAL PROVISION TO HELP US WHILE WE WAIT**

**SLIDE** GOD SAYS, 'IN ALL THE OPPRESSION THAT YOU PHYSICALLY AND EMOTIONALLY ENCOUNTER, IN THIS WORLD, I HAVE GIVEN YOU THE ABILITY TO SPIRITUALLY GROAN'

Romans 8:23 **SLIDE**

*Not only that, but we also who have the first-fruits of the Spirit, even **we ourselves groan within ourselves**, eagerly waiting for the adoption, the redemption of our body.*

**SLIDE THIS GROANING IS FAR MORE THAN HUMAN ENOTION**

*NB: This is not human emotion crying out in despair ... defeat – depression – disappointment or disillusioned*

*NB: OUR TEXT TELLS US IT IS DEEP **WITHIN OURSELVES** IT MEANS ... **OUR SPIRIT GROANS**. The world doesn't groan like this.*

**SLIDE THIS GROANING IS BECAUSE WE HAVE ALL HOPE ... NOT BECAUSE WE HAVE NO HOPE.**

Romans 8:23 **SLIDE**

*Not only that, but we also who have the first-fruits of the Spirit, even **we ourselves groan within ourselves**, **eagerly waiting** for the adoption, the redemption of our body.*

We rejoice in Hope but we groan at the same time in time.

**NB: EAGERLY AWAITING THIS NEW BODY ... THE FULL REDEMPTION.**

**IT'S A TIME FACTOR ... WE ARE NOT YET WHERE WE SHOULD BE AND WE HAVE TO WAIT! DON'T YOU HATE WAITING?**

*Imagine ... while you're here at church, a talented chef friend has prepared you a delicious gourmet lunch waiting for you at home. You can't wait to get there to enjoy it. However, because of the bush-fires, all the roads are closed and you can't leave. So, we all have to hunker down in the hall when all you want to do is enjoy that gourmet lunch. You may groan a little inside.*

**BUT THIS IS EVEN DEEPER.**

**SLIDE THIS GROANING IS BECAUSE WE HAVE, NOT BECAUSE WE DON'T HAVE**

Romans 8:23 **SLIDE**

*Not only that, but **we** also **who have the first-fruits of the Spirit**, even we ourselves **groan within ourselves**, eagerly waiting for the adoption, the redemption of our body.*

We groan because of the contrast ...

Our present condition contrasted with our future condition.

*We yearn because we have the Promise and 'the portion' of the Promise now and we want it all.*

*We groan because we have the first-fruits of the Holy Spirit now and we long for the fullness.*

Because we have a body that is still subjected to sin and decay ... while internally ... spiritually we experience *the way it could be ... the way it should be* and *the way it's going to be*.

#### THE FEAST OF FIRST-FRUITS OR PENTECOST

*The 'First-Fruits' refers to the second great feast of the Jews.*

*The first being Passover ... Then the feast of First Fruits later termed, the Feast of Pentecost.*

*The significance of this is that 'First-Fruits' was early in the year and at that time a sample of the harvest was brought to the priest in the form of a baked cake ... But this only spoke of the great feast at the end of the year when the full harvest came in at the time of the Feast of Harvest ... when people brought an abundance of barley, corn, wine, grapes, figs etc. (Usually 10%)*

So we are now at the feast of samples only waiting eagerly for the full harvest at the end of the time.

#### **SLIDE**

*You say, 'How can 'groaning' within help us? How is this God's provision for us?'*

#### **THIS GROANING IS OUR SPIRIT'S INHERENT ABILITY TO RELEASE PRESSURE AND OFFLOAD OUR BURDENS ONTO THE LORD.**

*THIS GROANING IS AN INHERENT SPIRITUAL ABILITY THAT COMES WITH THE NEW CREATION.*

*The world does not have this ability.*

**This groaning helps us to be sustained while we still walk through this oppressive world system.**

Psalm 55:22 **SLIDE**

*Cast your burden on the LORD ... And He shall sustain you ...*

**IT'S OK TO GROAN** ... it's an organic, inherent process which helps us to be sustained in the struggle.

It's offloading our burden onto the Lord ... where He comes in and shares it.

**WHEN WE ENCOUNTER DAILY THIS OPPRESSION IN THE ATMOSPHERE ...**

*We don't do spiritual warfare and battle the oppression by intense praying ... and shouting Scripture at the devil. We used to do that to try and clear the atmosphere of the satanic principalities and powers ...*

**WHAT DO WE DO??? WE GROAN IN SPIRIT.**

**WHAT HAPPENS WHEN WE GROAN?**

**WHEN YOU GROAN WITHIN ... YOU ARE SHARING THE LOAD WITH YOUR LORD.**

He is our burden bearer.

**THIS GROANING BRINGS RELEASE OF PRESSURE BUILD UP.**

**RELEASE OF WORRY ... FEAR ... ANXIETY ... CONDEMNATION ...**

**IT'S THE INNER TAP BY WHICH THE PRESSURE IS RELEASED**

- **IT'S LIKE THE PAIN OF A BLOOD-BLISTER WHICH NEEDS TO BE POPPED BUT AS SOON AS YOU DO IT ... THE PAIN SUBSIDES ...**
- **IT'S LIKE A FESTERING PIMPLE THAT NEEDS TO BE POPPED BUT WHEN IT DOES THE PAIN SUBSIDES ...**

**A PROBLEM SHARED IS A PROBLEM HALVED**

***Researchers from California proved the best way to beat stress is to share your feelings – preferably with someone empathetic who is in the same situation.***

***TWO GROUPS OF WOMEN WERE SELECTED TO MAKE A PUBLIC SPEECH***

***Prior to each speech, one group were encouraged to share their concerns about public speaking with the researchers, and their fellow participants. The second group did not discuss their feelings.***

***LEVELS OF THE STRESS HORMONE CORTISOL WERE MEASURED before, during and after each participant's speech in both groups.***

***THE RESULTS SHOWED; stress levels in the group that shared their concerns were significantly reduced while the group who did not share their concerns had higher stress levels.***